

HOW SHOULD I PRAY

It seems like a simple thing, yet one of the most frequent questions raised by Orthodox Christians is the basic question, how should I pray?

Every Orthodox Christian should have a daily rule of prayer, which should be established with the advice of a priest or spiritual father. This is the basis of daily prayers- morning and evening, the very minimum to keep us in some degree of communion with Christ.

But what about other, everyday needs? What about the crises and opportunities that arise in our lives? How do we turn these events into opportunities for prayer, and gain God's help in everyday life?

- We can find great help in calling out to God, "Lord, help me!", Or "Lord, have mercy on me!", At any time of need;
- We can (and should) ask the friends of God- the saints - to pray for us by reading an Akathist to a saint who sympathizes with our situation. These are read at church, and can be read at home (ask your priest if you don't have a copy of a desired Akathist);
- We should use the prayer rope, not just for the Jesus Prayer, but also to repeat 50-100 times "Lord, have mercy on (Name)", whenever we know of someone in sickness or need: a simple prayer that goes straight to God;
- For special needs, travel, and projects, we should ask the priest to pray or to serve a Moleben (a service of prayer) dedicated to our specific need.

Let us not make the assumption that prayer is too hard and too remote for everyday life.



UPDATE ON INCOME & EXPENSES

		Year to date
January		
Income	\$9,601	
Expenses	\$9,992	
TOTAL	-\$391	-\$391
February		
Income	\$4,149	
Expenses	\$9,647	
TOTAL	-\$5,498	-\$5,889
March		
Income	\$4,477	
Expenses	\$7,614	
TOTAL	-\$3,137	-\$9,026
April		
Income	\$9,797	
Expenses	\$9,527	
TOTAL	\$270	-\$8,756
May		
Income	\$4,899	
Expenses	\$5,831	
TOTAL	-\$932	-\$9,688
June		
Income	\$5,600	
Expenses	\$4,028	
TOTAL	\$1,572	-\$8,116
July		
Income	\$7,281	
Expenses	\$9,290	
TOTAL	-\$2,009	-\$10,125
August		
Income	\$7,713	
Expenses	\$7,220	
TOTAL:	\$ 493	-9,632

BULLETIN & CANDLE SPONSORS FOR OCTOBER

- Bulletin:** (\$50) Open
- Chandelier:** (\$50) Open
- Altar Candles:** (\$50) Open
- Candles on the Tomb:** (\$25) Open
- Eternal Light & Icon Screen:** (25) Open

Note: If something is already taken and you want to sponsor it, please let Fr know. There can be more than one sponsoring family/individual.

"No Halupki Festival!" Festival Campaign

GOAL: \$16,000

Holy Assumption Orthodox Church
114 East Main Street ~ SR 163
Marblehead, Ohio

General Info: 419-798-4591

For those who have already
donated

Thank You and **God bless you!**

For those who have not, please
prayerfully consider helping our
Historic Church.

Herman Halupki is
making the FINAL
PUSH. Will you help him
get to the goal?



You can make a donation by mail or visiting:

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- our parish FaceBook page [Holy Assumption Orthodox Church](#)
- or our festival FaceBook page [Holy Assumption Halupki Festival](#)

For more information visit
www.holyassumptionmarblehead.org
Email: info@holyassumptionmarblehead.org