

Abp Paul con't

- Hold a series of family game nights
- Create a family tree with photos
- Read a book series
- Conduct simple scientific experiments like making homemade slime or determining which objects sink or float in water

Creative activities

Support the need for creativity with arts, crafts and games that require imagination.

- Create a physical family tree with photos
- Make shapes and structures with modeling clay or Play-Doh
- Build with blocks and magnetic tiles
- Create a family fort with pillows, sheets and boxes
- Knit, crochet or sew
- Paint pictures
- Play games that require acting like charades or improvisation

Stay informed and adjust for success

The keys to thriving during an extended family quarantine are to be flexible and adapt. You may not get the daily routine down at first and that's understandable. Test out what works for your family and make small adjustments as needed to arrive at a daily routine that strikes a balance between work and play, structure and flexibility. For the health and well-being of the household, stay up-to-date with public health recommendations and gain inspiration from informative and credible resources:

- [The Centers for Disease Control and Prevention \(CDC\)](https://www.cdc.gov/) for COVID-19 updates and public health recommendations
- The American Academy of Pediatrics site [org](https://www.aap.org/) for guidance and ideas for healthy eating, fitness, sleep and emotional health in children

Taken from:

https://www.riversideonline.com/health_information/healthy_you/Family-and-children-activities-during-quarantine.cfm

St. Moses con't

to stretch Saint Moses on the ground and to beat him with iron rods, so that the ground became soaked with his blood. She sought permission of Boleslav to do with the captive all that she pleased. The shameless woman once gave orders to put Saint Moses in a bed with her. She kissed and embraced him, but she accomplished nothing by this.

Saint Moses said, "From the fear of God I loathe you as impure". Hearing this, the Polish woman gave orders to give the saint each day a hundred lashes, and then to emasculate him. Boleslav soon began a persecution against all the monks in the land, but sudden death overtook him. A revolt arose in Poland, in which the widow also was killed.

Having recovered from his wounds, Saint Moses arrived at the Kiev Caves monastery, bearing on himself martyr's wounds and a crown of a confessor and courageous warrior of Christ. The Lord provided him strength in his sufferings. A certain monastic brother, oppressed by impure passion, went to Saint Moses and sought his help, saying, "I promise to keep until death everything you tell me to do." Saint Moses said: "As long as you live, do not speak a word to any woman." The brother promised to obey the advice of the monk. Saint Moses had in his hand a staff, without which he was not able to walk because of the wounds which he had received. With this staff Saint Moses struck the chest of the brother who had approached him, and immediately he was delivered from temptation.

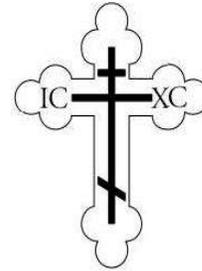
Saint Moses pursued asceticism at Kiev for 10 years; he died in about the year 1043 and was buried in the Near Caves. After venerating the saint's holy relics and fervent prayer to him, the monks were healed of fleshly temptations.

First EVER

"No Halupki Festival!" Festival Campaign

Holy Assumption Orthodox Church
114 East Main Street ~ SR 163
Marblehead, Ohio

General Info: 419-798-4591



Due to the pandemic, the 64th Annual Halupki Festival will not be held.

You are cordially invited to support our historic parish with a tax deductible donation of \$15 (cost of a dinner ticket) or more and receive a

20% discount on one (1) dinner ticket
for the
2021 Halupki Festival.

You can make a donation by mail or visiting:

- our website at <https://www.holyassumptionmarblehead.org/>
- our parish FaceBook page [Holy Assumption Orthodox Church](#)
- or our festival FaceBook page [Holy Assumption Halupki Festival](#)



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"Holy Assumption Halupki Festival"

For more information visit

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