

**Holy Assumption Orthodox Church**  
*Celebrating 125 years witnessing to the Apostolic Faith*

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Marblehead, OH 43440

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***Holy Assumption Orthodox Church is a parish of the Orthodox Church in America,  
Diocese of the Midwest***

**FEBRUARY 15, 2026**

**THIRTY SIXTH SUNDAY AFTER PENTECOST**  
***MEATFARE SUNDAY, Sunday of the Last Judgment***

**EPISTLE: 1 Corinthians 8:8-9:2**

Bretheren: Food does not commend us to God; for neither if we eat are we the better, nor if we do not eat are we the worse. But beware lest somehow this liberty of yours become a stumbling block to those who are weak. For if anyone sees you who have knowledge eating in an idol's temple, will not the conscience of him who is weak be emboldened to eat those things offered to idols? And because of your knowledge shall the weak brother perish, for whom Christ died? But when you thus sin against the brethren, and wound their weak conscience, you sin against Christ. Therefore, if food makes my brother stumble, I will never again eat meat, lest I make my brother stumble. Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord? Are you not my work in the Lord? If I am not an apostle to others, yet doubtless I am to you. For you are the seal of my apostleship in the Lord.



**Last judgment**

**GOSPEL: Mt 25:31-46**

The Lord said, "When the Son of Man comes in His glory, and all the holy angels with Him, then He will sit on the throne of His glory. All the nations will be gathered before Him, and He will separate them one from another, as a shepherd divides his sheep from the goats. And He will set the sheep on His right hand, but the goats on the left. Then the King will say to those on His right hand, 'Come, you

blessed of My Father, inherit the kingdom prepared for you from the foundation of the world: for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.’ Then the righteous will answer Him, saying, ‘Lord, when did we see You hungry and feed You, or thirsty and give You drink? When did we see You a stranger and take You in, or naked and clothe You? Or when did we see You sick, or in prison, and come to You?’ And the King will answer and say to them, ‘Assuredly, I say to you, inasmuch as you did it to one of the least of these My brethren, you did it to Me.’ Then He will also say to those on the left hand, ‘Depart from Me, you cursed, into the everlasting fire prepared for the devil and his angels: for I was hungry and you gave Me no food; I was thirsty and you gave Me no drink; I was a stranger and you did not take Me in, naked and you did not clothe Me, sick and in prison and you did not visit Me.’ Then they also will answer Him, saying, ‘Lord, when did we see You hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to You?’ Then He will answer them, saying, ‘Assuredly, I say to you, inasmuch as you did not do it to one of the least of these, you did not do it to Me.’ And these will go away into everlasting punishment, but the righteous into eternal life.”

### LITURGICAL SCHEDULE FOR THE WEEK

<b>MON. Feb 16</b>	Martyrs Pamphilius, Valens, and those with them; 3 John 1:1-15, Lk 19:29-40, 22:7-39
<b>TUE. Feb 17</b>	Great Martyr Theodore the Tyro; Jude 1:1-10, Lk 22:39-42,45-23:1
<b>WED. Feb 18</b>	Saint Leo the Great, Pope of Rome; 6 <sup>th</sup> Hour: Joel 2:12-26, Vespers: Joel 3:12-21
<b>THU. Feb 19</b>	Apostles of the Seventy Archippus and Philemon; Jude 1:11-25, Lk 23:2-34,44-56
<b>FRI. Feb 20</b>	Saint Leo, Bishop of Catania; 6 <sup>th</sup> Hour: Zech 8:7-17, Vespers: Zech 8:19-23
<b>SAT. Feb 21</b>	Venerable Timothy; Rom. 14-19-23, 16:25-27, Mt 6:1-13
<b>4:00 PM</b>	<b>VESPERS</b>
<b>SUN. Feb 22</b>	<b>37<sup>th</sup> SUNDAY AFTER PENTECOST, <i>Tone 4, Cheesefare Sunday, Forgiveness Sunday</i></b>
<b>9:10 AM</b>	<b>HOURS</b>
<b>9:30 AM</b>	<b>DIVINE LITURGY</b> Followed by Forgiveness Vespers and Meatless Parish Potluck



### FOR YOUR PRAYERS

**Tina Rindfleisch & Tony Monastra**, 524 Woodshire Ln., Apt. E11, Naples, FL 34105; **Greg Twarek**, 117 Lucien Drive, Marblehead, OH 43440 **Patti Owens**, 311 Woodbridge Road Vermilion, OH 44089; **Irene Vangeloff**, 3580 Shaw Ave., Apt. 305, Cincinnati, OH 45208 Tel.: (513) 376-9693



### CHARITY OF THE MONTH

“St. Vladimir's Seminary” is the charity we donate to for the month of February

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## PRAYER LIST

**Parishioners & Family:** Greg Twarek / Amber Twarek / Richard Williams / Christine Twarek / Tony Monastra / Alvin Foland / Delaine Ward (Ron Royhab's sister) / Rachel and her newborn baby / Danielle and her unborn baby / Kristen Cassell / Laura DeKemper / Tom Hileman / Cliff & Kathy Ruggles / Sandra / Renee Haynal / Sharon Shaheen (Patti Owen's sister) / Heidi Golob / Ron & Bobbie Royhab / Rodney Clevenger / Jennifer Heffernan / Pam / Jim Twarek / Ed Garrity / Patti Owens / Barbara Wroblewski / Michal Tomáš / Helena Tomášová / Ruth Sheller / Carol / David Martin / Fred Soski / Irene Vangeloff / Sonja Rose / James Bargdill / Carole Conaway / Gary Conaway / Sharon Dietrich / Michael Glovinsky / Shirley Gresh / Betty Kovach / Child Stella Miller / William Pipenur / Helen Jean Rofkar / George Royhab / Marianne Royhab / Kathy Jacob / the child Bodhi Cassell / Gleice, Sophie & Chloe / Carol / Nora.

**Other Requests:** Jim Rinaldo / Roy / Greg / Patty Wandover / Russ M. / Suzeann / Laura Engler / Robin (Niece of Kathy Ruggles) / Catechumen Sessely / Catechumen Daniel / Catechumen Adam / Catechumen Joshua / Catechumen Stephanie / Catechumen Max / Catechumen Michael / Catechumen Sharon / Steve Rohweder / Nicole Williams / John Couture / Ann Turinsky / Marcia / Catechumen Blake Shoemaker / Linkoln Paull / Matushka Melania / Sharyn Osborne / Amy / Bill Byrnes / Susanne / Charles Schlett / Kathy Debevits / Anthony / Archpriest Ján Čížmár / Archpriest David Lis / Archpriest Emilian & Matushka Laryssa Hutnyan / Donald Gresh / Mark Ludvik / Robert Piznar / William / Rick Rowe / Chris.

**Military:** Craig Cassell / Jake Ellithorpe / Jordon Fulton / Justin Issler / Tikhon / Nicholas / & All Military



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### FEBRUARY REPOSED

Helen Hritsko (1908) No date provided; Alexandra Brendza (1909) No date provided; Steve Danchisen (1909) No date provided; **2-** Nancy Pipenur (2018); **5-** Peter Kowal (2004); **6-** Steve Michael Mazur (1970); **6-** Elizabeth Kravetz Mc Mahon (1984); **12-** Glenn Schoonmaker (2002); **12-** Lawrence Beck (2018); **14-** Rose Polosky (1953); **17-** Stanley Guzy (1986); **17-** Ed Vangeloff (2025); **20-** Linda Sue Alber & infant (1969); **20-** Dc. Mike Cinalli (2020); **21-** Mary Tomka Matso (1956); **21-** John Richard Elchisco (2021); **22-** Metro Mazur (1973); **22-** Marguerite Bird (2022); **23-** George Elchisco Sr. (1961); **23-** Tom Twarek (2024); **26-** Elizabeth Millie (1998); **29-** Mary Uka Kostearly (1996)



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### VIGILS FOR FEBRUARY 8

**Susan Guzy 1** Special intentions

**Laura Kovach 3** For health and/or healing of Tina R., Greg T., Lindsay & Janet, Jerry Z., Patti O., Deb F., Tony M., Russ M., Burt K., Bobbie & Ron R., Peggy S., Brenda T., Betty K., Margaret M., Mark M., Dana M., Bodhi C.

Safe travel for friends

Special Intentions

**Sandy Martin 2** For recovery and health of Ellen, Special intentions

**Natalie Twarek 8** In loving memory of Mary Zivich(26 years), Health and recovery of Greg, Amber, Nikki, Tina and Dina , For the health of Fr Peter & Matushka Michelle, For the health and recovery of Richard, Patty, Cathy, Patti, Laura, Kathy & Cliff, Irene, Ron & Bobbie, Rodney, Betty, Carol, Kayla, Pam, Jim, Heidi, Wayne, Peggy, Marcia, Health and healing for Father's parents Michal & Helena and Matushka's mom Barbara, and Walter, For the health of Elaine, Christine, Jen, Tony, Father David, Carole, Gary, Sharon, Sonya, Margi & Joe, MaryAnn & Bob, Bodhi, Stella, Jake, Pat, Special Intentions

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## FEBRUARY CANDLE SPONSORS

**Altar Candles:** Fr. Peter and Mat. Michelle, For Health and God's Blessings for Barbara Wroblewski, and Michal & Helena Tomáš **(\$50)**; **Chandelier:** Ron & Bobbie Royhab, In memory of Roberta's three brothers, David, Randy & Bill **(\$50)**; **Eternal Light & Icon Screen:** Available **(\$25)**; **Candles at the Cross:** Laura Kovach, In memory of my dad Steven and birthday memory of my mom Margaret **(\$20)**; **Candles at St. Tikhon Icon:** Available **(\$20)**



## READERS LIST

Sunday Feb 15 – Joe  
Sunday Feb 22 – Tim



## ATTENDANCE

**02/07** Vespers, 7 attending; **02/08** Divine Liturgy, **24** attending (1 guest); **02/14** Divine Liturgy, **9** attending



## SUNDAY OFFERING

### Sunday, February 8, 2026

Tithe	\$ 938.00
Donations	\$ 51.00
Candles	\$ 32.00
Vigils	\$ 80.00
Holy Day Donation	\$ 125.00
St. Vladimir Seminary (Feb)	\$ 125.00
Building restoration	<u>\$1,120.00</u>
<b>Total:</b>	<b>\$2,471.00</b>

*May the Lord reward you for your financial and spiritual support!*



## FEBRUARY BIRTHDAYS AND ANNIVERSARIES

**16** – David Mazurik; **22** – Wayne Golob; **24** – Sonya Rose; **25** – Heidi Golob \*



## CLEANING SCHEDULE

Feb 16, Roddie & David  
Feb 23, Natalie  
Mar 2, Tim  
Mar 9, Sue

## UP-COMING EVENTS IN OUR PARISH – MARK YOUR CALENDAR

- Feb 15<sup>th</sup>** Parish potluck (*Sunday*)
- Feb 22<sup>nd</sup>** Parish potluck - Meatless (*Sunday*)
- Feb 23<sup>rd</sup>** Beginning of the Great Fast (*Monday*)
- Apr 5<sup>th</sup>** Palm Sunday (*Sunday*)
- Apr 12<sup>th</sup>** HOLY PASCHA (*Sunday*)
- Apr 25<sup>th</sup>** Visit from St. Tikhon Seminary (*Saturday*)





## COFFEE HOUR SPONSOR LIST

Feb 15 – Parish Potluck  
Feb 22 – Meatless Parish Potluck

*Please sign up to host coffee hour. Signup sheet is located in the Social Hall*



### Sunday of Meatfare of the Last Judgment

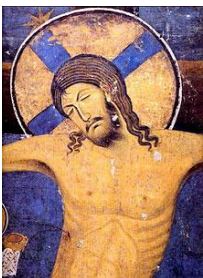
Commemorated on February 15

Today's Gospel reading is Matthew 25:31-46, the parable of the Last Judgment. It reminds us that while trusting in Christ's love and mercy, we must not forget His righteous judgment when He comes again in glory. If our hearts remain hardened and unrepentant, we should not expect the Lord to overlook our transgressions simply because He is a good and loving God. Although He does not desire the death of a sinner, He also expects us to turn from our wickedness and live (Ezek. 33:11). This same idea is expressed in the prayer read by the priest after the penitent has confessed his or her sins (Slavic practice).

The time for repentance and forgiveness is now, in the present life. At the Second Coming, Christ will appear as the righteous Judge, "Who will render to every man according to his deeds" (Rom. 2:6). Then the time for entreating God's mercy and forgiveness will have passed.

As Father Alexander Schmemmann reminds us in his book GREAT LENT (Ch. 1:4), sin is the absence of love, it is separation and isolation. When Christ comes to judge the world, His criterion for judgment will be love. Christian love entails seeing Christ in other people, our family, our friends, and everyone else we may encounter in our lives. We shall be judged on whether we have loved, or not loved, our neighbor. We show Christian love when we feed the hungry, give drink to the thirsty, clothe the naked, visit those who are sick or in prison. If we did such things for the least of Christ's brethren, then we also did them for Christ (Mt.25:40). If we did not do such things for the least of the brethren, neither did we do them for Christ (Mt.25:45).

Today is the last day for eating meat and meat products until Pascha, though eggs and dairy products are permitted every day during the coming week. This limited fasting prepares us gradually for the more intense fasting of Great Lent.



### Fasting and Great Lent

#### THE TRIODION

Great Lent is the 40-day season of spiritual preparation that comes before the most important Feast of the Christian year, Holy Pascha (*which means "Passover" and is commonly called "Easter"*). It is the central part of a larger time of preparation called the *Triodion* season.

The *Triodion* begins ten weeks before Pascha (Easter) and is divided into three main parts: three Pre-Lenten weeks of preparing our hearts, the six weeks of Lent, and Holy Week. The main theme of the *Triodion* is repentance—mankind's return to God, our loving Father.

This annual season of repentance is a spiritual journey with our Savior. Our goal is to meet the risen Lord Jesus, Who reunites us with God the Father. The Father is always waiting to greet us with outstretched hands. We must ask ourselves the question, "Are we willing to turn to Him?" During Great Lent, the Church teaches us how to receive Him by using the two great means of repentance— prayer and fasting.

## THE LENTEN FAST

The word “fast” means not eating all or certain foods. As Orthodox Faithful, we can fast completely at certain times of great importance, and especially each time before receiving Holy Communion. Usually, fasting means limiting the number of meals and/or the type of food eaten.

The purpose of fasting is to remind us of the Scriptural teaching, “Man does not live by bread alone.” The needs of the body are nothing compared to the needs of the soul. Above all else, we need God, Who provides everything for both the body and the soul. Fasting teaches us to depend on God more fully.

The first sin of our parents, Adam and Eve, was eating from the forbidden tree (*Genesis 3:1-19*). We fast from food, or a food item, as a reminder that we are to fast from sinning and doing evil.

There are several benefits of fasting. Fasting helps us pray more easily. Our spirit is lighter when we are not weighed down by too much food or food that is too rich. Through fasting, we also learn to feel compassion for the poor and hungry and to save our own resources so that we can help those in need.

Fasting is more than not eating food. Saint John Chrysostom teaches that it is more important to fast from sin. For example, besides controlling what goes into our mouths, we must control what comes out of our mouths as well. Are our words pleasing to God, or do we curse God or our brother?

The other members of the body also need to fast: our eyes from seeing evil, our ears from hearing evil, our limbs from participating in anything that is not of God. Most important of all, we need to control our thoughts, for thoughts are the source of our actions, whether good or evil.

Fasting is not an end in itself. Our goal is an inner change of heart. The Lenten Fast is called “ascetic.” This refers to actions of self-denial and spiritual training which are central to fasting.

Fasting is a spiritual exercise. It is not imposed or forced upon us. In the same way that true repentance cannot be forced upon anyone, each of us makes the choice to turn away from our sinful ways and go toward our loving, for giving Father in Heaven.

## THE PRELENTEN WEEKS

Before Great Lent begins, four Sunday lessons prepare us for the Fast. Humility is the theme of the first Sunday, called the *Sunday of the Publican and the Pharisee*. The Lord's parable in Luke 18:10-14 teaches that fasting with pride is rejected by God. For this reason, there is no fasting the week following this Sunday. This includes no fasting on Wednesday and Friday that week. (*Wednesdays and Fridays are usually fast days throughout the year—Wednesday's Fast recalls the betrayal of Christ by Judas; Friday's Fast commemorates the Lord's Crucifixion.*)

Repentance is the theme of the second Pre-Lenten Sunday, called the *Sunday of the Prodigal Son*. Before we can return to God, we need to recognize that we are far from God because of sin. Like the Prodigal Son (Luke 15:11-32), we are in a self-imposed exile. Will we come to our senses as did the Prodigal Son and return to our Father?

The next Sunday is called both *Meatfare Sunday* and the *Sunday of the Last Judgment*. The second name refers to the Gospel lesson (*Matthew 25:31-46*) read on this day. The Lord tells us we will be judged at the end according to the love we have shown for our brother. “I was hungry...thirsty...naked...a stranger...in prison...sick... Whatever you did for one of the least of these brothers of Mine you did for Me.” Almsgiving goes hand in hand with fasting. This Sunday is called Meatfare because it is the last day meat, fish or poultry is eaten before Pascha (Easter), for those keeping the Lenten Fast.

The last Pre-Lenten Sunday is called both *Cheesefare Sunday* and the *Sunday of Forgiveness*. This is the last day dairy products are eaten before the Fast. The Gospel lesson (*Matthew 6:14-21*) read on this day tells us that our fast must not be hypocritical or “for show.” Our work and our appearance are to

continue as usual and our extra efforts are to be known only by God. The Gospel reading also reminds us that God the Father will forgive us in the same manner as we forgive our brother. With this promise of forgiveness, Great Lent begins on the next day, which is called *Clean Monday*. Clean Monday is a total fast day, except for a little water. No other beverages or food are taken.

## **GENERAL RULES OF THE LENTEN FAST**

The Lenten Fast rules that we observe today were established within the monasteries of the Orthodox Church during the sixth through eleventh centuries. These rules are intended for all Orthodox Christians, not just monks and nuns.

The first week of Lent is especially strict. On Monday, Tuesday and Wednesday, a total fast is kept. In practice, very few people are able to do this. Some find it necessary to eat a little each day after sunset. Many faithful do fast completely on Monday and then eat only uncooked food (*bread, fruit, nuts*) on Tuesday evening. On Wednesday, the fast is kept until after the Presanctified Liturgy.

From the second through the sixth weeks of Lent, the general rules for fasting are practiced. Meat, animal products (*cheese, milk, butter, eggs, lard*), fish (*meaning fish with backbones*), olive oil and wine (*all alcoholic drinks*) are not consumed during the weekdays of Great Lent. Octopus and shell-fish are allowed, as is vegetable oil. On weekends, olive oil and wine are permitted.

According to what was done in the monasteries, one meal a day is eaten on weekdays and two meals on weekends of Great Lent. No restriction is placed on the amount of food during the meal, though moderation is always encouraged in all areas of one's life at all times.

Fish, oil and wine are allowed on the Feast of the Annunciation (*March 25*) and on Palm Sunday (*one week before Pascha (Easter)*). On other feast days, such as the First and Second Finding of the Head of Saint John the Baptist (*February 24*), the Holy Forty Martyrs of Sebaste (*March 9*), the Forefeast of the Annunciation (*March 24*) and the Synaxis of the Archangel Gabriel (*March 26*), wine and oil are permitted.

## **HOLY WEEK**

The week before Pascha (Easter), Holy Week, is a special time of fasting separate from Great Lent. Like the first week, a strict fast is kept. Some Orthodox Christians try to keep a total fast on Holy Monday, Holy Tuesday and Holy Wednesday. Most eat a simple Lenten meal at the end of each day before going to the evening Church services.

On Holy Thursday, wine is allowed in remembrance of the Last Supper. Holy Friday is kept as a strict fast day, as is Holy Saturday. Holy Saturday is the only Saturday in the entire year when oil is not permitted.

In short, these are the Lenten rules for fasting. Traditionally, the Church Fathers recommend that someone new to fasting begin by resolving to faithfully do as much as he or she is able during the Lenten period. Each year as one matures as a Christian, a fuller participation can be undertaken. However, it is not recommended that a person try to create their own rules for fasting, since this would not be obedient or wise. The Faithful are encouraged to consult with their priest or bishop regarding the Fast when possible.

Personal factors such as one's health and living situation need to be considered as well. For example, an isolated Orthodox Christian required to eat meals at their place of employment, school or in prison may not be able to avoid certain foods. The Church understands this and extends leniency.

It is important to keep in mind that fasting is not a law for us—rather, a voluntary way of remembering to not sin and do evil, and to help keep our focus on prayer, repentance and doing acts of kindness, for we “are not under the law but under grace” (*Romans 6:14*).

## **PASCHA (EASTER), BRIGHT WEEK AND THE PASCHAL SEASON**

The Lenten Fast is broken following the midnight Paschal (Easter) service. With the proclamation, "Christ is risen!" the time of feasting begins. The week after Pascha (Easter) is called Bright Week and there is no fasting. For the next 40 days, the Church celebrates the Paschal (*Easter*) season. Joy and thanksgiving are the fulfillment of our Lenten journey.

### **A PRAYER FOR LENT**

*The Prayer of Saint Ephraim the Syrian is traditionally said many times throughout each day during Great Lent, in addition to our daily prayers.*

O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power, and idle talk. (+)

But give rather the spirit of chastity, humility, patience, and love to Thy servant. (+)

Yea, O Lord and King, grant me to see my own transgressions, and not to judge my brother, for blessed art Thou, unto ages of ages. Amen. (+)

*(The "(+)" indicates that those praying make a deep bow or prostration at this point.)*

# OUR JOURNEY TO PASCHA! 2026

*Created by Fr. Jonathan Bannon (ACROD)*

SUNDAYS		THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week <b>FEBRUARY 1st</b>		<b>TRIDION WEEKS</b> <b>Publican and the Pharisee</b> Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week <b>FEBRUARY 8th</b>		<b>The Prodigal Son Returns!</b> Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare <b>FEBRUARY 15th</b> FAREWELL TO MEAT TODAY		<b>The Last Judgement</b> Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare <b>FEBRUARY 22nd</b> FAREWELL TO CHEESE TODAY		<b>Adam and Eve are cast from Paradise!</b> <b>FORGIVENESS SUNDAY</b> Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent <b>MARCH 1st</b>		<b>GREAT LENT BEGINS WITH FORGIVENESS VESPERS</b> <b>SUNDAY of ORTHODOXY</b> Epistle: Hebrews 11:24-26, 32-12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent <b>MARCH 8th</b>		<b>ST GREGORY PALAMAS</b> Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent <b>MARCH 15th</b>		<b>VENERATION OF THE HOLY CROSS</b> <b>HALF WAY TO PASCHA!</b> Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent <b>MARCH 22nd</b>		<b>ST JOHN of the LADDER</b> Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent <b>MARCH 29th</b>		<b>ST MARY of EGYPT</b> Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! <b>APRIL 5th</b> GREAT WEEK BEGINS		<b>GREAT AND HOLY WEEK</b> <b>ENTRY OF OUR LORD INTO JERUSALEM</b> Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY <b>APRIL 10th</b>		<b>GREAT AND HOLY FRIDAY</b> <b>JESUS DIES ON THE CROSS</b> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! <b>APRIL 12th</b> NO FASTING!		<b>BRIGHT WEEK</b> <b>HOLY PASCHA! (CHRIST IS RISEN!)</b> Epistle: Acts 1:1-8 Gospel: John 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!